

## **Adventures & Trekking Tour (8Days/7Nights) – Best for active travelers**

An 8-day Bhutan adventure composites cultural highlights in Paro, Thimphu, and Punakha with an active multi-day trek, choose the scenic Druk Path for alpine lakes or the shorter Bumdra Trek for luxury camping above the clouds.

### **Detailed Itinerary**

#### **Day 1: Paro to Thimphu**

Arrive in Paro and, scenic drive to Thimphu (1.5 hrs.) with a riverside journey and hike to Buddha Point.

#### **Day 2: Thimphu to Punakha**

Drive from Thimphu to Punakha via Dochula Pass, hike the Divine Madman Trail to Chimi Lhakhang (3-4hrs.) and visit Punakha Dzong.

#### **Day 3: Punakha to Paro**

Enjoy white water rafting on Pho Chhu/Mo Chhu in Punakha, then drive back to Paro.

#### **Day 4: Paro- Day 1 trek start**

Begin trek from Paro with the ascent on the Druk Path or Bumdra Trek.

#### **Day 5: Trek day 2 -Alpine Lakes/ Caves**

Trek day exploring alpine lakes, caves, high ridges, sky-burial sites, and pristine nature.

#### **Day 6: Trek day 3 Return back to Paro**

Returning back to Paro valley.

#### **Day 7: The Iconic Final Climb-Tiger's Nest (Taktsang)**

Early hike to Tiger's Nest Monastery, optional hot stone bath, and evening market visit in Paro

#### **Day 7: Departure**

Transfer to airport for departure

## Detailed itinerary

### Day 1: Acclimatization

Upon arrival in Paro, you need to drive to **Thimphu** (approx. 1.5 hours). Use this time to adjust to the altitude (2,320m).

### Day 2: Thimphu-Punakha (Valleys)

Need to cross the Dochula pass (3,100m) and enter into the warmer Punakha Valley. You can opt for hike the Divine Madman Trail to Chimi Lhakhang (3-4hrs.) or scenic hike through rice paddies to reach Chimi Lhakhang (20minutes), the famous fertility temple.

### Day 3: Punakha Water Adventure

Head to the Pho Chhu (Male) or Mo Chhu (Female) rivers for White-water Rafting. The Pho Chhu offers more "spark" with Class III+ rapids, while the Mo Chhu is a gentler Class II drift past the majestic Punakha Dzong or you can hike up to Khamsum Yulley Namgyal Chorten for the best panoramic view of the Punakha valley.(have water phobias)

### Day 4: The Core Trek (Two Options)

Most 8-day adventure packages offer a choice between these two famous routes:

**The Druk Path (Short Version):** An ancient trading route between Paro and Thimphu. You will camp by crystal clear lakes like Jimilang Tsho, famous for giant trout and cross high ridges with views of Mt. Gangkhar Puensum. (Option 1)

**The Bumdra Trek:** A shorter but steep ascent to a luxury campsite at 3,800m. You need to sleep in high-end tents just below the Bumdra Monastery and have the option to summit a nearby ridge at 4,000m+ for sunset. . (Option 2)

### Day 5: Trekking day

Begin trek from Paro with the ascent on the Druk Path or Bumdra Trek. You can exploring alpine lakes, caves, high ridges, sky-burial sites and pristine nature (opt 1) You can also exploring caves, high ridges, sky-burial sites and pristine nature (opt 2)

### Day 6: Trekking day (Return Journey)

The day brings you the memories of fresh pristine nature, high ridges and sky burial sites. Hike down to the Tiger's Nest directly from your Bumdra campsite. This entrance allows you to see the monastery from above before the crowds arrive if you have opt for option 2.

### Day 7: The Grand Finale – Tiger's Nest

Hike to Taktsang (Tiger's Nest Monastery), one of Bhutan's most revered sites. Later, enjoy a traditional hot stone bath (Optional) and evening local market visit.

Note: Start early (7:00 AM) to avoid the midday sun and the bulk of the hikers.

The following **Terms & Conditions** are outlined to ensure a seamless experience and to prevent any misunderstandings. Please review them carefully before confirming your booking.

### **Package Includes**

The rates quoted are per person, based on twin/double sharing are valid for individual Indian National/other.

- **Sustainable Development Fee (SDF)** - as per the government regulations.
- **Professional licensed Bhutanese English** speaking guide throughout the trip
- **Transportation:** Private transport Premium SUV- 1-2pax, 3-6pax -Hiace Bus and 7- 18pax ( Coaster bus)
- **Accommodation-Stays in Department of Tourism(DoT)** certified 3 Star Hotels
- **Meal:** Dinner & Breakfast (Modified American Plan) at Hotel during the tour.
- **Permit** assistance/Visa processing and entry formalities

### **Package Excludes**

- **Travel:** Any Airfare (Domestic or International), Train Fare and travel insurance or Airport taxes.
- **Personal expenses** - (Lunch, Laundry, telephone calls, tips and beverages. (Not mentioned in itinerary )
- **Activity Fees-** Entrance fees for monuments, Museums, monasteries and charges for optional activities like hot Stone Baths, river rafting or horse riding.
- **Unforeseen Costs:** Any additional expenses arising from flight cancellations, roadblocks, weather calamities or personal medical emergencies.
- **Extra Services:** Any vehicle use outside the pre-agreed itinerary or for at-leisure evening use.

### **Booking and Payment Policy**

To ensure a seamless booking experience, please follow our standardized process:

- **Initial Deposit:** A non-refundable advance of \$ 50.00 per person is required to initiate hotel and permit bookings.
- **Flight Confirmation:** Please share your confirmed flight/train tickets immediately upon booking to align your transport and permit timings.
- **Balance Payment:** The remaining balance must be cleared on the day of arrival in Bhutan. Payment can be made via (Bank Transfer/Cash).
- **Confirmation:** Official tour confirmation will be sent via Email or WhatsApp once the deposit is received.

### **A Few Helpful Details**

We like to keep things transparent, here are some important notes to ensure everything runs smoothly for your trip.

- **ID Requirements:** Please ensure you carry a valid Voter ID (Indian) or a Passport (valid for at least 6 months) for entry permits. For children, a valid Health Card or Birth Certificate is required.
- **Itinerary Changes:** The Company reserves the right to modify the itinerary due to weather, road conditions or government restrictions.
- **Check-in/Check-out:** Standard hotel check-in is at 2:00 PM and check-out is at 12:00 PM. Early check-ins are subject to room availability.
- **Cancellation Policy:** The \$50.00 deposit is non-refundable.
- **Cancellations** made within 15 days of arrival may incur 50% hotel retention charges.